



Weekend Seminar

# AUNKAI

Experience the Japanese martial arts principle «AUNKAI» in a two-day seminar in Zurich with:

**MANABU WATANABE SENSEI**



**Part 1: Saturday June 29th:**

10:00 – 12:00

Individual lunch break

14:00 – 17:00

**Part 2: Sunday June 30th:**

9:30 – 13:00

**Saturday CHF 60.–**

**Sunday CHF 35.–**

**Two day combo: CHF 85.–**

To be paid at the seminar

There will be a possibility to stay at the Dojo over night.

Please contact us in advance.

Hosted at

Iwama Aikido &

Aunkai Dojo

Stoffelstrasse 19

8050 Zürich

079 913 59 16

**Subscribe here:**

limited to

20 participants

