



SWISS LONGEVITY DAY

JAN 15 2025

9:00 AM - 6:00 PM

Kongresshaus, Zürich
Personal Invitation

WHAT TO EXPECT

MORNING TALKS

Insights from top scientists on the latest research.

LUNCH AT LUX

Delicious seated lunch above the roofs of Zurich.

AFTERNOON SESSIONS

Expert-led presentations on the latest innovations in the field.

INTERACTIVE BOOTHs

Engage directly with experts for personalised insights.

CLOSING SPEAKER & NETWORKING APÉRO

An inspiring talk followed by Closing Drinks.

SPEAKERS



LESLIE KENNY
Co-Founder Oxford Longevity Project, UC Berkeley, Harvard Business School



**DR. GEORGE
GAITANOS**
Chief Operating and Scientific Officer, Chenot Group



DR. ANNA ERAT
Specialist in Performance Diagnostics and Sports Medicine



**PROF. DR. CHRISTIAN
BREYMANN**
Specialist in Gynaecology and Hormones



NINA RUGE
German TV Presenter, Biologist, Author of 5 Longevity Books



**DR. MATTHIAS
BERNOW**
CEO of stem cell company Cellcolabs, Sweden



DR. LIV KRAEMER
Dermatologist, author of "Skin Longevity"



**JOANNA
BENSCH**
Founder & CEO, Longevity Center Europe



**DR. KATRIN
DREISSIGACKER**
Co-Founder of The Epigenedit Academy



**PROF. DR. DR.
THOMAS D. SZUCS**
Chair of the Board, Helsana Group



**DR. STEPHANIE
BLUM**
Member of the Board, Probi

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